## **APRIL ARTICLE**

al and Ruth Algeri, renowned swing dancers, will be teaching the West Coast Swing during April. The West Coast Swing emerged when Dean Collins, a prominent swing dancer from the East Coast, relocated to Hollywood to pursue a career in the music industry. His unique dance style significantly influenced the development of the West Coast Swing. While Collins doesn't claim credit for his impact on the style that later became known as Western swing and ultimately West Coast Swing, his contributions to the history of West Coast Swing are undeniable.

Sal and Ruth offer both West Coast Swing and East Coast Swing lessons. The primary distinction between the two lies in their styles and characteristics. West Coast Swing is a more contemporary form of swing dancing, characterized by an upright posture, smoother movements from a slotted position. The music for West Coast Swing can range from slower tempo to top 40, R&B, and lyrical music.

In contrast, the East Coast Swing is the traditional image of swing dancing associated with 1920s-1940s swing music. It involves partners moving in a circular pattern around each other. The music for East Coast Swing is generally faster, and it features a distinctive bounce in the dance.



Annual membership dues for SCLH residents and sponsored guests are just \$10.00 per person. Lessons are held in the Kilaga Springs Lodge Multipurpose rooms every Tuesday from 2:00 to 3:00 PM for beginners and 4:00 to 5:00 PM for more experienced dancers. Open dance sessions are held from 3:00 to 4:00 PM, providing an opportunity for dancers to practice various styles, including the current month's offering. For any inquiries, please contact Ruth Algeri at 916-408-4752.

PHOTO: Jerry Halligan and Ginger Ikuno